

# Commission Technique des Ecoles

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## U14 season 2017/18

### Objectives

Prepare the players to transition into the U16 championship

Priority – **education not competition**

A. 1<sup>st</sup> part of the season (September – November) : Organised by the regions. (NSRV/AVR/ACGR/SEELAND)

6 days organised in a triangular format (3 teams) or quadrangular(4 teams) depending on the total number of player in the region.

Regions who do not suffisiant number for 3 teams are to organise communal training days and with a managed match of mixed clubs at the end of the session.

For the matchs they are 12 x 12 as per the rules FSR U14, 12 aside, Matchs 30 minutes 2x15 minutes (5 minutes half time)

☛ *Format triangular : AxB / AxC / BxC. Total of 3 matchs de 30' = 90'.*

☛ *Format quadrangular : AxB / CxD then loser 1er match x loser du 2<sup>e</sup> match / winner 1<sup>st</sup> match x winner du 2<sup>nd</sup> match. Total of 4 matchs de 30' = 120'.*

☛ *Format training day : entrainement 60' then match of 2x15'. Total de 90'*

**TOTAL PLAYING TIME PER TEAM 60 minutes..**

**Also the regions are to organise selections and training for the regional teams to prepare for the regional championship in May-June**

B. Mid season (December – February) : Organised by clubs.

Preparation (physical and technical for the scrum, ruck, mauls) Players prepared for fonctionnel testing (ALL PLAYERS; NOT ONLY THE FORWARDS)

C. 2<sup>nd</sup> part of season (march – may) : Organisation by the regions and then by la CTE/FSR.

Before easter, organise 2 training days in the region for functional testing with the DTR's or the DTN

Prepare for 15 a side rugby

After easter

La CTE/FSR organise 4 interclubs matchs triangular ou quadrangular (depending on the number of teams entered)

15 a side 15 x 15 scrum complete rules as per 15 a side U14 match 30 minutes' (2x15)

Les teams **MUST** play 15 a side, if any teams do not have sufficient numbers they must mix with other teams and be lent players in order to play 15 a side.

This is a development championship NO CLASSIFICATION is authorised.

D. End of Season (June): Organised by the CTE/FSR. Swiss inter-region U14 Championship

Matchs interregionales. Semi-final then final with the Title of champion interregional U14

Semi-finals organised geographically to limit travel costs :

Match 1 :Seeland – NSRV

Match 2 :ACGR- AVR

Final curtain raiser for the Swiss Cup on the 16/06 (lieu à définir)

Matchs 60 minutes (2x30 10 minutes mi-temps)