



# **GUIDELINE DTN : Up grade**

**MEN'S CHAMPIONSHIP, SEASON 2015/2016**

## **1. Age Grade Competition for season 2015/2016 :**

Senior		1/01/1996 to .....	
U18	U18	1/01/1997 to 31/12/1997	The players aged 18 years old can play with Senior or U18 team until 31/12/2016  The players who are not 18 years old yet can play with U18 team or Senior with authorization of DTN
		1/01/1998 to 31/12/1998	Up grade to senior with authorization of DTN
	U17	1/01/1999 to 31/12/1999	<b>NO up grade</b>
U16	U16	1/01/2000 to 31/12/2000	Up grade to U18 with authorization of DTN
	U15	1/01/2001 to 31/12/2001	<b>NO up grade</b>
U14	U14	1/01/2002 to 31/12/2002	Upgrade to U16 with authorization of DTN
	U13	1/01/2003 to 31/12/2003	<b>NO up grade</b>

## **2. U18 Up Grade :**

Reference text is the following: <http://playerwelfare.worldrugby.org/?documentid=115>

Player and club must send to DTN the following documents to have an authorization:

- Parental or legal guardian's consent in writing;
- Written confirmation from a medical practitioner with following tests : Données anthropométriques : taille, poids, IMC, estimation de l'âge biologique selon la méthode Mirwald, ECG de repos 12 pistes, Radiographie de la colonne lombaire face + Profil, Remplissage du questionnaire SCAT 3 (évaluation de la commotion cérébrale)

The player must take biometric, functional and technical tests.

The DTN can give an exemption from functional and technical tests for the player of the U18 national swiss team . However there is no exemption for medical tests.

### **3. U14 and U16 Up Grade:**

Reference text is the following: <http://playerwelfare.worldrugby.org/?documentid=116>

Player and club must send to DTN the following documents to have an authorization :

- Parental or legal guardian's consent in writing;
- Written confirmation from a medical practitioner with an understanding of the demands of Elite Rugby to whom the player is known that the player is in a physical condition to play Elite Adult Rugby and that this view is supported by a musculo-skeletal evaluation and/or other appropriate assessments
- Written confirmation from a coach with an appropriate understanding of the physical attributes required and of the risks to players in Elite Adult Rugby and to whom the player is known that the player has the requisite skills and experience to play Elite Adult Rugby

### **4. Disrespecting of the guideline:**

Before the game, the referee must refuse that a player without the DTN authorization plays in the superior age grade competition.

After the game, if a player without authorization played in the superior age grade competition, his team will lose by forfeit.