

REGLEMENT SAISON 2026 - 2027

MOINS DE 6 ANS/ UNDER 6

NUMBER OF PLAYERS	6	
REPLACEMENTS	Unlimited during stoppage of play and/or injury	
GROUND	15 metres (excluding the try zone) x 9 metres (1.5 m per player)	
ORGANISATION TYPE	Friendly games + workshops	
BALL	Size 3	
GAME TIME	30 minutes per half a day	
REFEREEING	1 neutral referee - educator	
FOUL PLAY	Ranging from a temporary replacement of 2 minutes to permanent exclusion, depending on the seriousness of the foul. Replacement is mandatory. In cases of brutality or repeated offenses, permanent exclusion from the tournament applies.	
TACKLE	The tackle must be carried out <u>with both arms around the waist.</u> <u>Any tackle above the waist or without engaging both arms will be punished.</u> A player who is guilty of a dangerous tackle must be systematically excluded by the referee (2 minutes) with replacement. Diving in front of the ball carrier or performing an ankle tap tackle is forbidden.	
RESTART	WHERE?	HOW?
Kick-off	In the middle of the field	Without delaying the start of play, ● The educator presents the ball to a player and ensures that it is a different player each time. ● The game starts when the player grabs the ball without the educator blowing the whistle. ● Opponents at 3 meters
Kick-off after a try	In the middle of the field by the team that conceded the try	
22 Meter Drop-out	3 meters from the tryline	
Knock-on or unplayable ball	Where the mistake happened, 3 meters from any line	
Penalty		
Free Kick		
Ball was carried or kicked out of the field (touching the ground)	At the place of the exit, 3 meters from any line	
Ball was kicked directly out of the field	Kick from the try zone: where the ball left the field. Kick outside the try zone: where the ball was kicked.	
When the referee blows their whistle, the ballcarrier immediately places the ball on the ground at the point where the offence happened. Otherwise this will be sanctioned (Free Kick or 5m +, or substitution in the case of repeated fouls). The coaches will ensure that both teams are equally balanced in strength. There are no results, no rankings.		
Apart from these modifications, the rules of World Rugby to XV for U19 are applicable		

REGLEMENT SAISON 2026 - 2027

MOINS DE 8 ANS/ UNDER 8

NUMBER OF PLAYERS	6	
REPLACEMENTS	Unlimited during stoppage of play and/or injury	
GROUND	27 metres (excluding the try zone) x 16 metres (2 m per player)	
BALL	Size 3	
GAME TIME	50 minutes per half a day (halftime not included)	
REFEREEING	1 neutral referee - educator	
FOUL PLAY	Ranging from a temporary replacement of 2 minutes to permanent exclusion, depending on the seriousness of the foul. Replacement is mandatory. In cases of brutality or repeated offenses, permanent exclusion from the tournament applies.	
TACKLE	The tackle must be carried out <u>with both arms around the waist.</u> <u>Any tackle above the waist or without engaging both arms will be punished.</u> A player who is guilty of a dangerous tackle must be systematically excluded by the referee (2 minutes) with replacement. Diving in front of the ball carrier or an ankle tap tackle, are forbidden.	
RESTART	WHERE?	HOW?
KICK-OFF	In the middle of the field	Free Kick • Opponents must stand at 5 meters • Vigilance on the implementation of the Free Kick • Play starts at the initiative of the player without a whistle from the educator.
KICK-OFF AFTER A TRY	In the middle of the field by the team that conceded the try	
22 METER DROP OUT	5 meters from the try line	
PENALTY	Where the mistake happened, 5 meters from any line	
FREE KICK	Where the mistake happened, 5 meters from any line	
LINE OUT	At the place of the exit, 5 meters from any line	
KNOCK ON OR UNPLAYABLE BALL	Where the mistake happened, 5 meters from any line	
KICKING	Forbidden	
When the referee blows their whistle, the ball carrier immediately places the ball on the ground at the point where the offence happened. Otherwise this will be sanctioned (Free Kick or 5m +, or substitution in the case of repeated fouls). Mercy rules: If one team scores 5 tries more than the other, the score is frozen and the leading team wins. The game continues and the coaches (educators) are obliged to balance out the teams in strength. Apart from these modifications, the rules of World Rugby to XV for U19 are applicable		

REGLEMENT SAISON 2026 – 2027

MOINS DE 10 ANS/ UNDER 10

NUMBER OF PLAYERS	8	
REPLACEMENTS	Unlimited during stoppage of play and/or injury	
GROUND	42 metres (excluding the try zone) x 25 metres	
BALL	Size 3	
GAME TIME	60 minutes per half a day (halftime not included)	
REFEREEING	1 neutral referee / educator	
FOUL PLAY	Ranging from a temporary replacement of 2 minutes to permanent exclusion, depending on the seriousness of the foul. Replacement is mandatory. In cases of brutality or repeated offenses, permanent exclusion from the tournament applies.	
TACKLE	The tackle must be carried out <u>with both arms around the waist.</u> <u>Any tackle above the waist or without engaging both arms will be punished.</u> A player who is guilty of a dangerous tackle must be systematically excluded by the referee (2 minutes) with replacement. Diving in front of the ball carrier or an ankle tap tackle are forbidden.	
RESTART	WHERE?	HOW?
KICK-OFF	In the middle of the field	Free Kick ● Opponents at 5 meters ● Vigilance on the implementation of the Free Kick ● GAME at the initiative of the player without a whistle from the educator.
KICK-OFF AFTER A TRY	In the middle of the field by the team that conceded the try	
22 METER DROP OUT	5 meters from the try line	
PENALTY	Where the mistake happened, 5 meters from any line	
FREE KICK		
LINE OUT	At the place of the exit, 5 meters from any line	
KNOCK ON OR UNPLAYABLE BALL	Where the mistake happened, 5 meters from any line	
When the referee blows their whistle, the ball carrier immediately places the ball on the ground at the point where the offence happened. Otherwise this will be sanctioned (Free Kick or 5m +, or substitution in the case of repeated fouls).		
Mercy rules: If one team scores 5 tries more than the other, the score is frozen and the leading team wins. The game continues and the coaches (educators) are obliged to balance out the teams in strength.		
Apart from these modifications, the rules of World Rugby to XV for U19 are applicable		
kicking is allowed		

REGLEMENT SAISON 2026 - 2027

MOINS DE 12 ANS/ UNDER 12

NUMBER OF PLAYERS	10	
REPLACEMENTS	Unlimited during stoppage of play and/or injury	
GROUND	56 metres (excluding the try zone) x 46 metres (min 40)	
BALL	Size 4	
GAME TIME	60 minutes per half a day (halftime not included)	
REFEREEING	1 neutral referee - educator	
FOUL PLAY	From temporary replacement of 2 minutes to permanent exclusion, depending on the seriousness of the foul. Replacement is mandatory. In cases of brutality or repeated offenses, permanent exclusion from the tournament applies.	
TACKLE	The tackle must be carried out <u>with both arms around the waist.</u> <u>Any tackle above the waist or without engaging both arms will be punished.</u> A player who is guilty of a dangerous tackle must be systematically excluded by the referee (2 minutes) with replacement. Diving in front of the ballcarrier or an ankle tap tackle are forbidden.	
RESTART	WHERE?	HOW?
KICK-OFF	In the middle of the field	Drop Kick Opponents at 10 meters The ball must go 10 meters
KICK-OFF AFTER A TRY	In the middle of the field by the team that conceded the try	
22 METER DROP OUT	10 meters from the tryline	Drop Kick
PENALTY	At the location of the offence, 5 meters from any line	World Rugby Rules for U19 except opponents at 5 metres
FREE KICK		
LINE OUT Ball was carried or kicked out of the field (touching the ground)	Where the ball left the field, 5 meters from any line.	<u>Line out = Competition for the ball. 1 thrower 3 jumpers and 1 scrumhalf</u> The defending team places 1 player opposite each attacker (thrower, jumpers, scrumhalf). <u>Lifting the jumper is not allowed.</u> The beginning of the lineout is 3 meters from the side line. The end of the lineout is determined by the last player of the attacking team. The defending thrower stands at 2 meters distance from the lineout (width and depth). The scrumhalves stand at 2 meters from the lineout (depth).
LINE OUT Ball was kicked directly out of the field	Ball was kicked outside the 10 meters: Throw in where the ball was kicked Ball was kicked inside the 10 meters or in the try zone: Throw in where the ball left the field	

		Quick throw-ins allowed, respecting the offside lines. Non-participants of the lineout at 5 meters
KNOCK ON OR UNPLAYABLE BALL	Where the mistake happened, 5 meters from any line	<u>Non-impact educational scrum: 3 vs 3</u> Straight pushing is allowed until the ball is won (ball behind the feet of one of the front rows). Binding of the front row players according to XV (see rules of the game at XV). Offside lines at 5 meters. The "+2" players are placed instead of the flankers, linked to the prop, inside hand to the shorts and outside hand to the jersey, standing, without pushing. They can only take part in the play when the scrum has finished. The referee gives the 3 calls for the formation of the educational scrum without impact: 1. CROUCH – 2. BIND – 3. SET The scrumhalf introduces the ball without delay (3 seconds). His adversary is placed either beside him without following the ball or behind his scrum. Hooking is allowed. No possibility to regain possession of the ball. Ball is won = end of the push. End of scrum = when the scrum half lifts the ball off the ground. The scrum is never replayed. Incorrect bindings, bad posture: Penalty. If the scrum turns, when a foul is not detected and the ball becomes unplayable or the safety of the players requires a stop: Free Kick in favour of the team that introduced the ball into the scrum.
When the referee blows their whistle, the ball carrier immediately puts the ball to the ground at the point where the offence has happened, otherwise sanctioned (Free Kick or 5m +, or substitution in case of repeated fouls). Mercy rules: If one team scores 5 tries more than the other, the score is frozen and the leading team wins. The game continues and the coaches (educators) are obliged to balance out the teams in strength.		
Apart from these modifications, the rules of World Rugby to XV for U19 are applicable (kicking is allowed).		

REGLEMENT SAISON 2026 - 2027

MOINS DE 14 ANS/ UNDER 14

Jeu à 12/ 12 a side rugby

NUMBER OF PLAYERS	12	
REPLACEMENTS	Unlimited during stoppage of play and/or injury	
GROUND	Normal pitch - minus the 5m on each side	
BALL	Size 4	
GAME TIME	60 minutes per half a day (halftime not included)	
REFEREEING	2 trained young referees and 1 accompanying educator present on the field (in charge of the scrums and security)	
FOUL PLAY	From temporary replacement of 2 minutes to permanent exclusion, depending on the seriousness of the foul. Replacement is mandatory. In cases of brutality or repeated offenses, permanent exclusion from the tournament applies.	
TACKLE	The tackle must be carried out <u>with both arms around the waist.</u> <u>Any tackle above the waist or without engaging both arms will be punished.</u> A player who is guilty of a dangerous tackle must be systematically excluded by the referee (2 minutes) with a replacement. Diving in front of the ballcarrier or an ankle tap tackle are forbidden.	
RESTART	WHERE?	HOW?
KICKOFF	In the middle of the field	Drop Kick Opponents at 10 meters The ball must go 10 meters
KICKOFF AFTER A TRY	In the middle of the field by the team that conceded the try	
22 METER DROP OUT	10 meters from the tryline	Drop Kick
PENALTY	At the location of the offence, 5 meters from any line	World Rugby Rules for U19 except opponents at 10 meters
FREE KICK		
LINE OUT Ball was carried or kicked out of the field (touching the ground)	Where the ball left the field, 5 meters from the try line.	<u>Line out = Competition for the ball. 1 thrower, 2, 3 or 4 jumpers and 1 scrumhalf</u> The defending team places 1 player opposite each attacker (thrower, jumpers, scrumhalf). Lifting the jumper is not allowed. The beginning of the lineout is 3 meters from the side line. The end of the lineout is determined by the last player of the attacking team. The defending thrower stands at 2 meters distance from the lineout (width and depth). The scrumhalves stand 2 meters from the lineout (depth).
LINE OUT Ball was kicked directly out of the field	Ball was kicked outside the 10 meters: Throw in where the ball was kicked Ball was kicked inside the 10 meters or in the try zone: Throw in where the ball left the field	

		Quick throw-ins allowed, respecting the offside lines. Non-participants of the lineout at 5 metres
KNOCK ON OR UNPLAYABLE BALL	Where the mistake happened, 5 meters from any line	<u>Non-impact educational scrum: 3+2+1 vs. 3+2+1</u> Non-impact educational scrum 3+2+1 (2nd rows+number 8), against 3+2+1 (2nd rows+ number 8). No pushing No possibility to regain possession of the ball Hooking is allowed. Binding of the front row players according to XV (see rules of the game at XV). Offside lines at 5 metres. The referee gives the 3 calls for the formation of the educational scrum without impact: 1. CROUCH – 2. BIND – 3. SET The scrumhalf introduces the ball without delay (3 seconds). His adversary is placed either beside him without following the ball or behind his scrum in the axis. The scrum is never replayed. Incorrect bindings, bad posture: Penalty. If the scrum turns, when a foul is not detected and the ball becomes unplayable or the safety of the players requires a stop: Free Kick in favour of the team that introduced the ball into the scrum.
CONVERSION-DROP GOAL	NO	
When the referee blows their whistle, the ball carrier immediately puts the ball on the ground at the point where the offence has happened, otherwise sanctioned (Free Kick or 5m +, or substitution in case of repeated fouls). Mercy rules: If one team scores 5 tries more than the other, the score is frozen and the leading team wins. The game continues and the coaches (educators) are obliged to balance out the teams in strength.		
Apart from these modifications, the rules of World Rugby to XV for U19 are applicable (kicking is allowed).		